

take this broken wings and learn to fly

Take This Broken Wings and Learn to Fly: Embracing Resilience and Growth

take this broken wings and learn to fly—a phrase that resonates deeply with anyone who has faced hardship, failure, or heartbreak. It's a beautiful metaphor for resilience, healing, and transformation. We all encounter moments in life when we feel shattered or incapable of moving forward, much like a bird with broken wings grounded and unable to soar. Yet, within these moments lies an opportunity: to rebuild, to grow stronger, and ultimately to learn to fly again.

In this article, we'll explore the powerful symbolism behind "take this broken wings and learn to fly," how it applies to personal growth, and ways to nurture resilience in our own lives. Whether you're recovering from loss, overcoming setbacks, or simply seeking inspiration to move ahead, these insights will help you embrace your journey toward healing and freedom.

The Meaning Behind "Take This Broken Wings and Learn to Fly"

At its core, the phrase speaks to the human condition—the inevitability of pain and the potential for renewal. The "broken wings" symbolize the struggles or challenges that have weighed us down, whether emotional wounds, mental health battles, or life's unexpected obstacles. Learning to fly despite these broken wings is an act of courage and self-compassion.

This metaphor is widely recognized in literature, music, and psychology as an emblem of hope. It encourages us to accept our imperfections and setbacks rather than letting them define us. The act of "learning to fly" implies growth, taking risks, and gradually reclaiming one's strength and autonomy.

Why Embracing Brokenness is Essential

Many people resist acknowledging their pain or failures, fearing judgment or feeling weak. However, embracing brokenness is the first step toward healing. When we recognize that it's okay to be vulnerable and imperfect, we open ourselves up to authentic growth.

Psychological studies support this idea, showing that acceptance of one's struggles reduces emotional distress and fosters resilience. It's not about ignoring pain but integrating it into our life story in a way that empowers us.

Applying the Metaphor in Everyday Life

So, how can you take this broken wings and learn to fly in your daily experience? Here are some practical approaches to embodying this mindset and nurturing resilience.

1. Practicing Self-Compassion

When wings are broken, harsh self-criticism only deepens the hurt. Instead, treat yourself with kindness. Recognize that everyone stumbles, and that healing takes time. Self-compassion involves:

- Speaking to yourself as you would to a dear friend
- Allowing space for mistakes without judgment
- Seeking support when needed, whether from loved ones or professionals

This gentle approach rebuilds confidence and motivates you to keep trying.

2. Setting Realistic Goals

Learning to fly again doesn't happen overnight. Break your goals into small, achievable steps to avoid overwhelm. For example, if you're recovering from burnout, start by prioritizing rest before gradually reengaging with work or hobbies.

Celebrate each milestone, no matter how minor, as proof of progress. This incremental growth mirrors the process of a bird mending its wings before taking flight.

3. Cultivating a Growth Mindset

A growth mindset—the belief that abilities and intelligence can be developed—complements the metaphor beautifully. Instead of seeing setbacks as failures, view them as opportunities to learn.

This perspective encourages resilience by focusing on effort and adaptability rather than fixed outcomes. It's about recognizing that broken wings don't mean permanent groundedness; they mean the chance to evolve.

The Role of Inspiration and Creative Expression

Creative outlets can be powerful tools for healing broken wings. Art, music, writing, and other forms of expression allow us to process emotions and visualize our journey toward flying again.

Music and the Power of Lyrics

The phrase "take this broken wings and learn to fly" is famously known from the classic song "Blackbird" by The Beatles. This song has inspired countless people to find hope amid adversity.

Music, with its emotional resonance, can uplift the spirit and remind us that we are not alone in our struggles.

Listening to or creating music that speaks to your experience can serve as a motivational anchor during challenging times.

Journaling for Reflection and Growth

Writing about your feelings and experiences helps clarify your path forward. Journaling can reveal patterns, track progress, and provide a safe space to express vulnerability.

Try prompts like:

- What does “learning to fly” mean to me personally?
- What broken wings am I healing from?
- What small steps can I take today to move closer to freedom?

These reflections foster self-awareness and strengthen your resolve.

Lessons from Nature: How Birds Teach Us Resilience

Birds are often seen as symbols of freedom and transcendence, but their survival is a daily testament to adaptability and perseverance. Even when injured, many birds find ways to heal and fly again.

Nature’s Blueprint for Healing

In the wild, birds with broken wings face immense challenges. Some learn to glide on one wing, others find safe spaces to rest and recover, and some rely on their flock for protection and support. This natural resilience mirrors human capacity to adapt in the face of adversity.

Observing these behaviors reminds us that healing isn’t linear. It requires patience, resourcefulness, and sometimes asking for help.

Community and Support Systems

Just as birds rely on their flock, humans thrive best with strong support networks. Sharing your journey with empathetic friends, family, or support groups can provide encouragement and perspective.

Building your own “flock” helps you feel connected and less isolated, especially when your wings feel broken.

Incorporating Mindfulness and Healing Practices

Mindfulness techniques can greatly aid in the process of healing broken wings and learning to fly again by grounding you in the present moment and reducing anxiety about the future.

Breathing Exercises and Meditation

Simple breathing exercises calm the nervous system and help manage stress, making it easier to face challenges with clarity. Meditation cultivates awareness of thoughts and emotions, allowing you to observe pain without being overwhelmed by it.

Try starting your day with five minutes of mindful breathing to center yourself and build resilience gradually.

Movement and Physical Therapy

Sometimes healing broken wings involves physical recovery, whether from injury or chronic conditions. Gentle movement, yoga, or physical therapy can restore strength and mobility, which in turn supports emotional healing.

Listening to your body and honoring its needs is a crucial part of learning to fly again.

Personal Stories: Real-Life Examples of Rising Above

Countless individuals have embodied the spirit of taking broken wings and learning to fly. Their stories serve as beacons of inspiration.

From Adversity to Empowerment

Consider survivors of illness, loss, or trauma who have rebuilt their lives. Many describe a turning point when they stopped focusing on what was broken and started envisioning what was possible. They embraced vulnerability, sought support, and practiced patience with themselves.

Their journeys underscore that while the process can be painful, it often leads to newfound strength, empathy, and purpose.

The Role of Mentorship and Role Models

Sometimes, seeing others who have flown despite their broken wings can motivate us. Mentors, whether in person or through books and media, provide guidance and hope.

Finding a role model who exemplifies resilience can help you navigate your path with greater confidence.

Life will inevitably bring moments when our wings feel broken. Yet, by embracing this metaphor—taking broken wings and learning to fly—we tap into a universal truth: healing and growth are possible. Through self-compassion, realistic goal-setting, creative expression, supportive communities, and mindful practices, we can rise above challenges and rediscover our capacity to soar. Every small step forward is a victory, a testament to the indomitable spirit that refuses to be grounded forever.

Frequently Asked Questions

What is the meaning behind the phrase 'Take these broken wings and learn to fly'?

The phrase symbolizes overcoming hardships and personal struggles, encouraging individuals to heal and grow stronger despite their difficulties.

Where does the phrase 'Take these broken wings and learn to fly' come from?

It is a lyric from the song 'Blackbird' by The Beatles, released in 1968, which uses metaphorical language to inspire hope and resilience.

How can 'taking broken wings and learning to fly' be applied in real life?

It can be applied as a metaphor for recovering from setbacks, such as emotional trauma or failure, and using those experiences to become stronger and succeed.

Why is the imagery of 'broken wings' significant in the phrase?

Broken wings represent vulnerability and injury, emphasizing that even when damaged, one can still find the strength to rise and move forward.

Can the phrase 'Take these broken wings and learn to fly' be related to mental health?

Yes, it encourages individuals facing mental health challenges to acknowledge their struggles and work toward healing and personal growth.

Additional Resources

Take This Broken Wings and Learn to Fly: A Deep Dive into Resilience and Renewal

take this broken wings and learn to fly—a phrase that resonates with themes of recovery, transformation, and the human spirit's capacity to overcome adversity. This evocative line, popularized through music and literature, serves as a metaphorical call to action for individuals facing challenges, encouraging them to embrace their vulnerabilities and rise above setbacks. In this article, we explore the significance of this phrase within cultural, psychological, and motivational contexts, revealing its enduring appeal and practical implications for personal growth.

The Origin and Cultural Impact of “Take This Broken Wings and Learn to Fly”

The phrase “take this broken wings and learn to fly” is most famously known as a lyric from the 1975 hit song “Blackbird” by The Beatles, though similar motifs appear in various art forms. The imagery of broken wings traditionally symbolizes damage, loss, or limitation, while the act of learning to fly suggests recovery and newfound freedom. This juxtaposition creates a powerful narrative of resilience.

Over time, the phrase has transcended its musical origins to become a motivational mantra used in therapy, self-help literature, and educational programs. Its prevalence in popular culture underscores a universal human experience: the struggle to heal and find strength in moments of weakness.

Symbolism and Psychological Insights

From a psychological perspective, “take this broken wings and learn to fly” can be interpreted as an encouragement to acknowledge one’s flaws and traumas without succumbing to them. It aligns closely with concepts in positive psychology and resilience theory, which emphasize growth through adversity. Studies indicate that individuals who reframe setbacks as opportunities for learning are more likely to develop adaptive coping mechanisms and achieve long-term well-being.

For example, research published in the *Journal of Positive Psychology* highlights how post-traumatic growth enables people to cultivate new perspectives and strengths after life-altering events. The metaphor of broken wings becoming capable of flight encapsulates this transformative potential.

Applications in Personal Development and Therapy

The motivational essence of “take this broken wings and learn to fly” has practical applications in mental health, coaching, and education. It encourages individuals to confront their vulnerabilities and transform challenges into catalysts for personal evolution.

Therapeutic Approaches Embracing the Metaphor

Cognitive-behavioral therapy (CBT) and narrative therapy both utilize similar metaphors to help clients reframe negative experiences. Therapists often guide patients to view their “broken wings”—whether representing trauma, anxiety, or failure— as starting points for growth rather than endpoints.

In addition, art therapy and expressive writing encourage the externalization of pain, allowing individuals to process emotions constructively and “learn to fly” in their own terms. This aligns with the metaphor’s emphasis on agency and self-directed healing.

Educational and Motivational Uses

Educators and motivational speakers frequently incorporate the phrase to inspire perseverance. Workshops focused on resilience training or leadership development highlight the importance of embracing imperfection and learning from mistakes.

For instance, resilience-building curricula in schools often include exercises that prompt students to identify personal challenges and strategize ways to overcome them, effectively embodying the “broken wings” metaphor in practical skill-building.

Comparative Analysis: Metaphors of Healing and Growth

The metaphor of broken wings learning to fly is one among many that describe the journey from hardship to empowerment. Comparing it with other well-known metaphors enhances understanding of its unique appeal.

Broken Wings vs. Phoenix Rising

The “phoenix rising from the ashes” metaphor also symbolizes renewal but differs in its portrayal of destruction and rebirth. While the phoenix is consumed by fire and reborn anew, the broken wings metaphor suggests repair and adaptation rather than complete transformation. This nuance makes it particularly relatable for those who seek to heal within their existing identity instead of starting over.

Butterfly Metamorphosis

Similarly, butterfly metamorphosis represents growth through stages, culminating in beauty and freedom. However, the process is driven by external biological imperatives rather than conscious effort. The “take this broken wings and learn to fly” motif emphasizes active learning and resilience, highlighting human agency in overcoming obstacles.

Integrating “Take This Broken Wings and Learn to Fly” Into Daily Life

Understanding the metaphor’s depth allows individuals to apply its lessons pragmatically. Here are ways to incorporate this mindset effectively:

- **Acceptance of Imperfection:** Recognize that setbacks and flaws are natural and do not diminish one’s potential.
- **Growth Mindset:** Embrace challenges as opportunities to develop new skills and perspectives.
- **Self-Compassion:** Treat oneself kindly during periods of struggle, facilitating emotional healing.
- **Goal Setting:** Establish achievable steps toward recovery or improvement, symbolically learning to fly despite broken wings.
- **Seeking Support:** Engage with communities, mentors, or professionals who can aid in the journey toward resilience.

These practical applications resonate with broader themes in mental health advocacy and personal empowerment, reinforcing why the phrase remains relevant across diverse contexts.

The Role of Music and Arts in Reinforcing the Message

Music, literature, and visual arts play a crucial role in amplifying the metaphor’s emotional impact. Songs like “Blackbird” evoke empathy and hope, allowing listeners to connect with their own struggles. Artistic expressions provide a shared language for pain and recovery, making the journey toward learning to fly a communal experience rather than a solitary battle.

SEO Considerations: Optimizing Content Around the

Phrase

For content creators aiming to rank for keywords related to “take this broken wings and learn to fly,” integrating LSI (Latent Semantic Indexing) keywords naturally is essential. Such terms include:

- resilience and recovery
- overcoming adversity
- personal growth and healing
- motivation to overcome challenges
- self-improvement through hardship

Using these keywords contextually within an article enhances search engine visibility while maintaining a professional and engaging tone. Additionally, incorporating related phrases like “embracing vulnerability,” “transforming setbacks,” and “learning from failure” further enriches content relevance.

Balancing SEO with Authenticity

While SEO optimization is important, preserving a human-centered, investigative tone ensures that the content resonates with readers rather than appearing formulaic. Carefully weaving the phrase “take this broken wings and learn to fly” throughout the text, alongside relevant LSI keywords, strengthens topical authority without compromising readability.

Ultimately, the phrase encapsulates a universal human experience—balancing struggle and hope, loss and possibility. Its power lies not only in poetic elegance but in its ability to inspire tangible change.

As individuals, communities, and societies face ongoing challenges, the invitation to “take this broken wings and learn to fly” remains a timeless call to resilience and renewal, encouraging us all to rise, adapt, and soar beyond our limitations.

[Take This Broken Wings And Learn To Fly](#)

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take this broken wings and learn to fly: Lyrics Deutsche Ausgabe Paul McCartney, 2021-12-02 In diesem außergewöhnlichen Buch betrachtet Paul McCartney sein Leben und sein Werk im Prisma von 154 eigenen Songs. In alphabetischer Reihenfolge angeordnet, bilden diese Songs von den frühesten musikalischen Gehversuchen Über Klassiker der Popgeschichte wie Hey Jude, Yesterday oder Let it Be bis hin zu jüngsten Kompositionen ein autobiografisches Kaleidoskop, in dem McCartney die Entstehungsgeschichten seiner Songs schildert, Menschen und Orte, die ihn beeinflusst haben, und was er heute über seine Lieder denkt. Auf diese Weise - ein Leben in Songs - ist ein vollkommen einzigartiges Musiker-Memoir entstanden, das Paul McCartneys Stimme und Persönlichkeit auf jeder Seite spürbar werden lässt. Bislang unbekannte Schätze aus McCartneys Privataarchiv - Skizzen, Briefe und vor allem Fotografien - machen Lyrics auch optisch zu einem einmaligen Dokument über einen der erfolgreichsten Musiker des 20. Jahrhunderts.

take this broken wings and learn to fly: Wish You Were Here ... Songs & ihre Geschichten. Life is a Story - story.one Beate Schilcher, 2024-11-19 Wissen Sie, was einarmige Banditen mit dem meistverkauften Jazzsong aller Zeiten verbindet? - Oder, wie zwei fehlende Buchstaben einen BRITNEY SPEARS Song ins textliche Desaster stürzen? - Oder, wie unglaublich keck die britische Band OASIS von JOHN LENNON gestohlen hat? Von PINK FLOYD: Wish You Were Here * COLDPLAY: Yellow * DAVE BRUBECK QUARTET: Take Five * THE POLICE: Every Breath You Take * SNOW PATROL: Chasing Cars * NAT KING COLE: Route 66 * TAYLOR SWIFT: Shake It Off * THE DOORS: Riders On The Storm * THE BEATLES: Penny Lane * DAVID BOWIE & BING CROSBY: Peace On Earth * PAUL MCCARTNEY: Blackbird * ALAN PARSONS PROJECT: Turn Of A Friendly Card * bis FRANKIE GOES TO HOLLYWOOD: The Power of Love: Dieses Buch peppt Ihr Musikwissen auf. Es ist Ihr BACKSTAGE TICKET in die unendlichen Weiten des Music Business, voll spannender kulturhistorischer Fakten, die nebenbei die Lachmuskeln trainieren: über kleine Hoppalas bis hin zum dümmsten Textfehler der Musikgeschichte.

take this broken wings and learn to fly: Am Ende nur ein kalter Hauch Lena Avanzini, 2019-03-05 SELBSTMORD, TOD UND ENTFÜHRUNG Im Leben von Carla Bukowski ÜBERSCHLAGEN SICH DIE EREIGNISSE: Erst wird eine Frau, die ihr verblüffend ähnlich sieht, tot aufgefunden, dann STIRBT IHRE GROßMUTTER und sie muss eine Begegnung mit der UNGELIEBTEN FAMILIE in Kauf nehmen, um die Beerdigung besuchen zu können. Erleichtert kehrt sie dem Dorf ihrer Jugend bald wieder den Rücken, doch dann erreicht sie eine schreckliche Nachricht: IHR NEFFE IST ENTFÜHRT WORDEN. DIE SPRÖDE MIT DEN SOMMERSPROSSEN Bekanntlich ist BLUT DICKER ALS WASSER und so macht sich Bukowski auf die Suche - und ist plötzlich mittendrin im DÜSTERSTEN KAPITEL IHRER EIGENEN VERGANGENHEIT. Einer Vergangenheit, die sie schon als junges Mädchen HINTER SICH GELASSEN hat, um in eine bessere Zukunft schauen zu können. Bukowski, sonst immer tough und zielstrebig, GERÄT INS TRUDELN, ihre harte Schale bröckelt. Ist das der Fall, der die Spröde mit den Sommersprossen DAS SEELENHEIL KOSTET? GÄNSEHAUT GARANTIERT Im neuen Fall von Carla Bukowski läuft Lena Avanzini zur Höchstform auf: Das Grauen schleicht sich auf leisen Sohlen an und PACKT EINEN UNVERMITTELT. Hier findet alles zusammen, was psychologisch fein gestrickte Krimispannung braucht - ein WETTlauf MIT DER ZEIT, BEGEGNUNGEN MIT DEN MENSCHLICHEN ABGRÜNDEn und eine ERMITTLERIN MIT EINEM DÜSTEREN GEHEIMNIS. Fesselnd, mitreißend und atmosphärisch: PSYCHO-SPANNUNG PAR EXCELLENCE!

***** Spannung pur, gute Recherchearbeit und sprachlich elegant - Krimiherz, was willst du mehr? lovelybooks.de, Bellis-Perennis Schon nach wenigen Seiten habe ich gemerkt, dass es sich hierbei um einen Kriminalroman handelt, der sich deutlich vom 08/15-Krimi-Einheitsbrei abhebt. lovelybooks.de, ClaudiasWortwelten ***** Bisher ermittelte Carla Bukowski in: Nie wieder sollst du lügen Auf sanften Schwingen kommt der Tod

take this broken wings and learn to fly: Die blinde Gärtnerin Ulla Lachauer, 2013-02-01 Magdalena Eglin, Jahrgang 1933, hat von Geburt an schwache Augen - im Laufe ihres Lebens wird sie völlig erblinden. Aber ihre anderen Sinne sind umso mehr geschärft, und sie lernt es, sich in der

Welt zu orientieren. Zum Lebenselixier werden ihr die Natur und der eigene Garten, und an der Seite eines Lehrers findet sie ihr privates Glück. Ein ungewöhnliches Buch über die Geschichte einer Außenseiterin und über das Sehen - poetisch und anrührend zugleich. «Ein sprachmächtiger literarischer Lebensroman.» (Literaturblatt) «Frisch, lebendig, oft mit einer Prise Humor, aber auch nachdenklich und intensiv.» (NDR)

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take this broken wings and learn to fly: *Blackbird* von Matthias Brandt Matthias Brandt, Eva-Maria Scholz, 2024-05-17 Reclam Lektüreschlüssel XL - hier findest du alle Informationen, um dich zielsicher und schnell vorzubereiten: auf Klausur, Referat, Abitur oder Matura! Differenziert, umfassend, übersichtlich! - Präzise Inhaltsangaben zum Einstieg in den Text - Klare Analysen von Figuren, Aufbau, Sprache und Stil - Zuverlässige Interpretationen mit prägnanten Textbelegen - Informationen zu Autor:innen und historischem Kontext - Hilfreiche Infografiken, Abbildungen und Tabellen - Aktuelle Literatur- und Medientipps - Prüfungsaufgaben mit Lösungshinweisen - Zentrale Begriffe und Definitionen als Lernglossar Morten, 15 Jahre alt, schlittert von einer Erschütterung zur nächsten: Seine Eltern trennen sich. Na gut, er ist cool genug, um das wegzustecken. Dann wird sein bester Freund Bogi krank, schwer krank. Diese Nachricht trifft ihn hart. Und schließlich fährt Jacqueline auf ihrem Hollandrad an ihm vorbei und lässt ihn verwirrt zurück. Hier der drohende Tod des Freundes, dort die erste Liebe. Mortens Welt gerät außer Kontrolle. Doch Witz, Mut und die richtigen Leute an seiner Seite lassen ihn so einiges überstehen ...

take this broken wings and learn to fly: *The Lyrics* Paul McCartney, Paul Muldoon, 2023-11-07 #1 NEW YORK TIMES BESTSELLER A Washington Post Notable Book Excerpted in The New Yorker A work of unparalleled candor and splendorous beauty, *The Lyrics* celebrates the creative life and the musical genius of Paul McCartney through his most meaningful songs. Finally in paperback and featuring seven new song commentaries, the #1 New York Times bestseller celebrates the creative life and unparalleled musical genius of Paul McCartney. Spanning sixty-four years—from his early days in Liverpool, through the historic decade of The Beatles, to Wings and his solo career—Paul McCartney's *The Lyrics* revolutionized the way artists write about music. An unprecedented "triumph" (Times UK), this handsomely designed volume pairs the definitive texts of over 160 songs with first-person commentaries on McCartney's life, revealing the diverse circumstances in which songs were written; how they ultimately came to be; and the remarkable, yet often delightfully ordinary, people and places that inspired them. *The Lyrics* also includes: · A personal foreword by McCartney · An unprecedented range of songs, from beloved standards like "Band on the Run" to new additions "Day Tripper" and "Magical Mystery Tour" · Over 160 images from McCartney's own archives Edited and introduced by Pulitzer Prize-winning poet Paul Muldoon, *The Lyrics* is the definitive literary and visual record of one of the greatest songwriters of all time.

take this broken wings and learn to fly: *Stealing Air* Trent Reedy, 2012-10-01 You can't just ask for the chance to fly . . . When his dad announced they were moving to Iowa, Brian looked forward to making some new friends. But on his first day there he makes an enemy instead -- Frankie Heller, the meanest kid in town. Brian needs to hang out with someone cool to get back on track. . . . Alex has always been the coolest guy around, and good with money, just like his dad. But now the family is struggling, and he needs to make some cash to keep up appearances. Then an opportunity falls in his lap . . . Max is a scientific genius, but his parents are always busy with their own work. Building an actual plane should get their attention -- if only he wasn't scared of heights . . . The answer to all three boys' problems starts with Max's secret flyer. But Frankie and the laws of popularity and physics stand in their way. Can they work together in time to get their plan AND their plane off the ground?

take this broken wings and learn to fly: Beauty for Ashes Kaye Kirkland, 2017-10-03 Dante and Adonis are two black teens with bright futures who are trying to leave a gang. But when they are stopped by the Atlanta police one night, everything changes for both of them. After Dante loses his best friend at the hands of a trigger-happy cop, he embarks on a desperate quest to defy the odds and break free from a dangerous world. While journeying down a perilous, seemingly predestined path, Dante is joined by four other teens: his girlfriend Jordyn, her former best friend Jasmine, and Richard and Rashida, two recent Atlanta transplants. As the group forms friendships in the most unlikely places, their beliefs about good and evil are turned upside down. While discovering who they can and cannot trust and unearthing unexpected dangers, will the group of friends somehow survive their risky plan of escaping the city to find a better life? *Beauty for Ashes* is a raw story that reveals the struggles five diverse teenagers must face under a corrupt justice system while living in urban America.

take this broken wings and learn to fly: Sprung ins Blaue / Sobresalto al vacío María Elena Blanco, 2016-08-23 Nicht viele Dichter verfügen über die visionäre Bravour und Tiefgründigkeit, den Farb- und Formenreichtum, wie sie die kubanische Lyrikerin María Elena Blanco in *Sobresalto al vacío* entfaltet. Abseits der vielfältigen Tendenzen und Schulen von Lezamas Barock bis zu Nicanor Parras Antipoesie, die während der letzten Jahrzehnte die spanischsprachige Dichtung geprägt haben – Richtungen und Schulen, die María Elena Blanco ironisch als Jenseitskanon bezeichnet –, erfand sie diese gleichzeitig neu in Textanordnungen, wo die Echos, inneren Resonanzen, Kontrapunkte eine Virtuosität erreichen, die ans Meisterliche grenzt, ohne je in die Falle der Abstraktion zu tappen. Im Gegenteil, es handelt sich um eine Poesie, die randvoll ist mit den Fakten der Wirklichkeit, dem Blut der Dinge und Geschehnisse. Die Lyrik María Elena Blancos bewegt sich auf verschiedenen physischen und geistigen Schauplätzen, wo sich die Sehnsucht, die Geschichte, die Kultur, die Sprachen verflechten und ihre Grenzen verwischen. Das in sieben Teile gegliederte Werk ist eine bewegende Elegie an verlorene Orte und Menschen, Begegnungen mit Personen und Regionen, die der Geschichte oder dem Vergessen anheimfielen: Städte, Grabstätten, Havanna, Österreich, die erotischen Tempel von Khajuraho in Indien, die Brände Valparaíso. Sie alle erscheinen kraft der Sprache, als würden sie von Neuem geboren, strahlend und den Worten verbunden, die sie beschwören ... *Sobresalto al vacío* ist das essenzielle Buch einer essenziellen Autorin, eine Lektion in Dichtung und Menschlichkeit. - Raúl Zurita

take this broken wings and learn to fly: The Beatles Illustrated Lyrics Alan Aldridge, 1969 The only major collection of illustrated Beatles lyrics in book form, this commemorative edition features autobiographical comments and quotes from the Fab Four, interpretation of the lyrics from 206 songs, lavish, full-color illustrations, and specially commissioned photographs.

take this broken wings and learn to fly: Free Movement of Persons in the Nordic States Katarina Hyllén-Cavallius, Jaan Paju, 2023-02-09 Can it be argued that there exists a concept of Nordic citizenship, founded on inter-Nordic cooperation and its relationship with EU law and EEA law? Researchers from all five Nordic States (Denmark, Finland, Iceland, Norway and Sweden) explore the tensions, gaps, and overlaps arising from the interplay of EU citizenship, EEA law, and the Nordic initiatives that aim to facilitate cross-border mobility of persons in the region. The analysis takes a dual approach. Firstly, it tracks the legal development of nationality law in Nordic states. Secondly, it sets out the rights of residence and access to social rights that follow from the three different regimes. It asks if the Nordic States, through their regional cooperation, are 'going beyond' EU free movement law, making naturalisation to a citizenship in a Nordic state particularly attractive. This important new work gives a unique perspective on EU citizenship and free movement law.

take this broken wings and learn to fly: Sylvana, die nicht von dieser Welt ist Nicola Scheifele, Angelika Hein, Heike Krapf, Marion Liedtke, Gisela Masseeck, 2019-02-14 Fünf Frauen, 26 Geschichten - 160 Seiten prall gefüllt mit Gefühl, Spannung, Überraschendem und vielen schrägen Typen, die manchmal nicht von dieser Welt sind. Mit der Schneefee, Herrn Gegenfurtner oder Butschi entführen uns die in München lebenden Autorinnen in den strudelnden Kosmos ihrer Ideen -

so verschieden wie die Schreiberinnen selbst.

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