

pals study guide 2023

PALS Study Guide 2023: Your Ultimate Resource for Success

pals study guide 2023 is an essential resource for healthcare professionals preparing for the Pediatric Advanced Life Support (PALS) certification exam this year. Whether you're a nurse, paramedic, physician, or anyone involved in pediatric emergency care, having a solid study strategy and the right materials can make all the difference. Navigating the complexities of pediatric resuscitation protocols and emergency interventions can feel overwhelming, but a well-structured study guide tailored to 2023 exam standards will help you gain confidence and mastery.

Understanding the PALS Exam and Its Importance

Before diving into any study guide, it's crucial to understand what the PALS certification entails and why it matters. The Pediatric Advanced Life Support course, developed by the American Heart Association (AHA), equips healthcare providers with the skills needed to effectively manage critically ill infants and children. The exam tests knowledge on pediatric assessment, interventions, and team dynamics during emergencies.

Healthcare professionals certified in PALS demonstrate their ability to recognize and respond to respiratory and cardiac emergencies in children, significantly improving patient outcomes. With evolving guidelines and protocols, the 2023 exam reflects the latest evidence-based practices, making an updated study guide indispensable.

Key Components of the PALS Study Guide 2023

A comprehensive pals study guide 2023 covers several critical areas that align with the current curriculum and exam format. Here are the essential components you should expect:

1. Pediatric Assessment and Recognition

Understanding how to perform an accurate pediatric assessment is the foundation of PALS. The study guide should delve into:

- Assessing airway, breathing, and circulation (ABC) in infants and children
- Recognizing early signs of respiratory distress and shock
- Differentiating between compensated and decompensated shock
- Utilizing rapid cardiopulmonary assessment tools

A deep grasp of these concepts allows you to quickly identify life-threatening conditions and initiate appropriate interventions.

2. Airway Management and Ventilation

Since airway obstruction and respiratory failure are common in pediatric emergencies, mastery of airway techniques is vital. The guide should highlight:

- Basic and advanced airway maneuvers
- Use of bag-mask ventilation and endotracheal intubation
- Indications for airway adjuncts and mechanical ventilation
- Managing airway complications specific to pediatric patients

Practical tips and scenario-based examples often help learners visualize these procedures more clearly.

3. Cardiac Arrest and Resuscitation Protocols

The heart of the PALS exam lies in understanding pediatric cardiac arrest algorithms. The study guide will focus on:

- Differences between adult and pediatric cardiac arrest causes and rhythms
- Performing high-quality CPR tailored to children
- Defibrillation and medication administration during resuscitation
- Post-resuscitation care and stabilization

It's important to stay updated on the latest AHA guidelines, which the 2023 study guide reflects.

4. Pharmacology Essentials

Knowing the correct medications, dosages, and administration routes is crucial during pediatric emergencies. The pals study guide 2023 typically includes:

- Common emergency drugs like epinephrine, amiodarone, atropine, and adenosine
- Pediatric dosing calculations based on weight or body surface area
- Side effects and contraindications to watch for
- When and how to administer medications during resuscitation

Including mnemonic devices or dosing charts can make this section more manageable.

5. Team Dynamics and Communication

PALS isn't just about clinical skills; effective teamwork and communication can save lives. The guide should address:

- Roles and responsibilities during a pediatric emergency
- Closed-loop communication techniques
- Leadership and delegation skills in high-stress situations
- Debriefing and continuous quality improvement

Practicing team scenarios can enhance performance during the actual exam and real-life

events.

Top Study Tips for PALS Certification Success in 2023

Preparing for the PALS exam requires more than just reading — it demands active engagement and strategic planning. Here are some practical tips to get the most out of your pals study guide 2023:

Start Early and Set a Schedule

Don't cram the night before. Begin your preparation several weeks in advance, allocating specific times for each topic. Consistent study sessions help reinforce memory and reduce anxiety.

Utilize Practice Tests and Simulations

Many pals study guides include practice questions and case scenarios. Taking these tests under timed conditions can familiarize you with the exam format and identify areas needing improvement. Additionally, participating in simulation labs or group practice enhances hands-on skills.

Focus on Weak Areas

After initial practice tests, pinpoint topics where your knowledge is lacking. Spend extra time reviewing those sections, whether it's pharmacology, rhythm recognition, or airway management.

Incorporate Visual Aids and Mnemonics

Charts, flowcharts, and mnemonic devices make complex information easier to recall. For instance, the "ABCDE" approach (Airway, Breathing, Circulation, Disability, Exposure) is a handy tool during patient assessments.

Join Study Groups or Online Forums

Engaging with peers preparing for PALS can provide support, motivation, and new insights. Discussing challenging concepts or sharing resources often clarifies difficult material.

Where to Find Reliable PALS Study Guide 2023

Materials

With numerous resources available online and in print, choosing a trustworthy PALS study guide 2023 is critical. Here are some recommended sources:

- **American Heart Association Official Materials:** The AHA publishes the authoritative PALS Provider Manual and offers online courses aligned with the latest guidelines.
- **Reputable Medical Publishers:** Books by publishers like Elsevier or Jones & Bartlett provide comprehensive guides and practice questions.
- **Online Learning Platforms:** Websites such as ACLS Medical Training or PALSReview.com offer interactive modules and up-to-date content.
- **Mobile Apps:** Apps designed for PALS review provide on-the-go learning and flashcards.

When selecting a guide, ensure it reflects the 2023 updates to PALS protocols and includes both theoretical knowledge and practical application exercises.

Adapting Your Study Approach for Different Learning Styles

Everyone learns differently, and tailoring your PALS study guide 2023 usage to your preferred style can boost retention:

Visual Learners

Focus on diagrams, videos, and flowcharts illustrating pediatric emergency algorithms, airway techniques, and cardiac rhythms. Watching demonstrations can solidify understanding.

Auditory Learners

Listening to lectures, podcasts, or recorded summaries can reinforce learning. Participating in group discussions or teaching concepts to others also helps.

Kinesthetic Learners

Hands-on practice is key. Use simulation labs, mannequins, or role-playing scenarios to apply knowledge physically. Repeatedly practicing CPR compressions and airway

management builds muscle memory.

Reading/Writing Learners

Taking detailed notes, creating flashcards, and summarizing chapters in your own words can enhance comprehension. Writing out drug dosages or algorithms repeatedly aids memorization.

Staying Updated with 2023 PALS Guidelines

Medical guidelines evolve as new research emerges. The PALS Study Guide 2023 incorporates the latest AHA recommendations, which may include changes in resuscitation techniques, medication protocols, or assessment criteria. Staying informed through official channels ensures your practice remains current and evidence-based.

For example, recent updates might adjust compression-to-ventilation ratios, introduce new airway devices, or revise pediatric shock management strategies. Regularly reviewing the AHA's published updates and integrating them into your study plan guarantees you're not caught off guard during the exam or clinical practice.

Embarking on your PALS certification journey with a thorough PALS Study Guide 2023 and a well-rounded preparation plan sets you up for success. With dedication, smart study techniques, and access to quality resources, you'll be ready to confidently handle pediatric emergencies and make a meaningful impact in children's healthcare.

Frequently Asked Questions

What is the PALS Study Guide 2023?

The PALS Study Guide 2023 is a comprehensive resource designed to help individuals prepare for the Pediatric Advanced Life Support (PALS) certification exam in 2023.

What topics are covered in the PALS Study Guide 2023?

The guide covers key topics such as pediatric resuscitation, airway management, recognition and treatment of respiratory and cardiac emergencies, and post-resuscitation care.

Is the PALS Study Guide 2023 updated with the latest AHA guidelines?

Yes, the PALS Study Guide 2023 incorporates the latest American Heart Association (AHA) guidelines and protocols to ensure current best practices are followed.

Are there practice questions included in the PALS Study Guide 2023?

Most PALS Study Guides for 2023 include practice questions and scenarios to help learners test their knowledge and prepare effectively for the certification exam.

Can the PALS Study Guide 2023 be used for both initial certification and renewal?

Yes, the study guide is useful for both initial PALS certification and for those seeking to renew their certification.

Where can I find the official PALS Study Guide 2023?

The official PALS Study Guide 2023 can be found through the American Heart Association's website or authorized training centers offering PALS courses.

Does the PALS Study Guide 2023 include video tutorials or online resources?

Some versions of the PALS Study Guide 2023 come with supplementary online resources such as video tutorials, interactive scenarios, and downloadable materials.

How long does it typically take to study using the PALS Study Guide 2023?

Study time varies by individual, but typically it takes several weeks of focused study and practice to be well-prepared for the PALS exam using the 2023 guide.

Is the PALS Study Guide 2023 suitable for healthcare professionals other than nurses?

Yes, the PALS Study Guide 2023 is designed for all healthcare providers involved in pediatric emergency care, including physicians, paramedics, respiratory therapists, and nurses.

Additional Resources

PALS Study Guide 2023: A Comprehensive Review and Analysis

pals study guide 2023 resources have become essential tools for healthcare professionals preparing for the Pediatric Advanced Life Support (PALS) certification. As pediatric emergencies demand swift and precise interventions, the importance of a well-structured and up-to-date study guide cannot be overstated. The 2023 edition of PALS study materials reflects the latest guidelines and educational strategies, designed to enhance both knowledge retention and practical skills. This article delves into the features,

effectiveness, and best practices associated with the PALS study guide 2023, providing an informed perspective for candidates aiming to excel in this critical certification.

Understanding the Role of the PALS Study Guide 2023

The PALS certification is a rigorous program that equips medical professionals with the skills necessary to manage critically ill infants and children. Given the complexity of pediatric emergency care, the PALS study guide 2023 serves as a pivotal resource, summarizing the American Heart Association's (AHA) latest protocols, clinical algorithms, and case-based scenarios. It bridges the gap between theoretical knowledge and clinical application, offering a structured approach to mastering the assessment and treatment of pediatric patients in emergency situations.

Unlike earlier editions, the 2023 study guide incorporates updated scientific evidence and emergent care techniques, reflecting changes in resuscitation guidelines and pediatric airway management. This makes it an indispensable asset for nurses, paramedics, physicians, and other healthcare providers involved in pediatric critical care.

Key Features of the PALS Study Guide 2023

The 2023 guide presents several enhancements tailored to the evolving needs of learners:

- **Updated Algorithms:** The inclusion of the latest AHA algorithms ensures that candidates are trained according to current best practices, especially in cardiac arrest and respiratory failure management.
- **Interactive Case Scenarios:** Realistic patient cases foster critical thinking and decision-making skills essential for emergency response.
- **Comprehensive Review Sections:** Each chapter includes concise summaries and bullet points that highlight key concepts for quick revision.
- **Practice Questions and Self-Assessments:** Integrated quizzes simulate the exam environment, aiding learners in identifying knowledge gaps.
- **Visual Aids:** Diagrams, flowcharts, and tables simplify complex information, enhancing comprehension and retention.

These features collectively contribute to a more immersive and efficient study process, enabling candidates to approach the PALS exam with confidence.

Effectiveness of the PALS Study Guide 2023 in Exam Preparation

The success of any study guide is measured by its ability to prepare candidates thoroughly for certification tests. The PALS study guide 2023 has received positive reviews for its clarity, relevance, and alignment with the PALS course objectives. In comparative studies of various PALS preparation materials available in 2023, this guide consistently ranks highly for content quality and user engagement.

One notable aspect is its focus on integrating cognitive and psychomotor learning components. The guide not only teaches theoretical knowledge but also emphasizes practical skills such as airway management, vascular access, and medication administration. This dual approach aligns well with the PALS certification's evaluation criteria, which include both written exams and skills testing.

Additionally, the guide's modular structure allows candidates to tailor their study plans. Whether a learner prefers in-depth study or quick reviews, the 2023 edition accommodates diverse learning styles.

Comparing PALS Study Guide 2023 with Previous Editions

The evolution from earlier versions to the 2023 edition is marked by several significant improvements:

- **Incorporation of New Guidelines:** The 2023 guide integrates changes from the latest AHA updates, reflecting evidence-based shifts in pediatric resuscitation techniques.
- **Enhanced User Experience:** Improved layout and digital compatibility facilitate easier navigation and access on multiple devices.
- **Expanded Content on Respiratory Emergencies:** Greater emphasis on airway obstruction and ventilation strategies addresses common pediatric emergencies more comprehensively.
- **Updated Pharmacology Sections:** Revised medication dosages and administration protocols provide clarity and reduce the risk of errors in clinical practice.

These enhancements demonstrate the commitment to maintaining the PALS study guide as a relevant and authoritative resource in pediatric emergency care education.

Strategies for Maximizing the Use of the PALS Study Guide 2023

While the PALS study guide 2023 is a robust resource, candidates can optimize their preparation by employing strategic study methods:

Structured Study Schedule

Consistency is key when preparing for PALS certification. Allocating dedicated time blocks for each section of the study guide ensures comprehensive coverage. Breaking down material into manageable segments enhances retention and reduces burnout.

Active Learning Techniques

Engaging with the content beyond passive reading improves mastery. Techniques such as summarizing chapters, teaching peers, or drawing out clinical algorithms can reinforce understanding. The interactive case scenarios in the guide are particularly suited for role-playing exercises that simulate real-life emergencies.

Utilizing Practice Exams

Regular self-assessment through the guide's quizzes helps identify weak areas. It also familiarizes candidates with the exam format, reducing anxiety on test day.

Complementary Resources

While the PALS study guide 2023 is comprehensive, integrating supplementary materials such as video demonstrations, simulation labs, and institutional training sessions can enhance skill acquisition.

Evaluating the Pros and Cons of the PALS Study Guide 2023

No resource is without limitations, and a balanced assessment is essential:

Pros

- Up-to-date content aligned with the latest AHA guidelines.
- Clear and concise explanations suitable for varied healthcare backgrounds.
- Interactive elements that promote active learning.
- Well-organized layout facilitating targeted study.
- Accessibility in print and digital formats.

Cons

- Some users report that the depth of pharmacology sections may be challenging for novices.
- While comprehensive, the guide may require supplementation with hands-on practice for skill mastery.
- Limited focus on rare pediatric emergencies, which may necessitate additional specialized study.

Understanding these factors allows candidates to make informed decisions about how to integrate the PALS study guide 2023 into their overall preparation strategy.

The PALS study guide 2023 stands as a critical tool for healthcare professionals committed to pediatric emergency excellence. Its rigorous adherence to current guidelines, combined with a learner-friendly approach, makes it a valuable asset in the journey toward certification. As pediatric care continues to evolve, staying abreast of such resources ensures that providers can deliver timely and effective interventions when they matter most.

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complex subjects are condensed into very straight forward and easy to remember information blocks. This book not only prepares students to pass their exams but also prepares pediatricians for general pediatric encounters, emphasizing all new updates from the American Academy of Pediatrics and American Board of Pediatrics. It has proved very popular among new pediatricians and new pediatric residents worldwide. In the last 3 years, the AAP and ABP have released a lot of updates, such as, management of fever in well-appearing infants, COVID-19, asthma management, and new vaccine guidelines from the CDC. The pediatric board exam always includes new diseases, which are included in each chapter, as well as new questions and answers that must be added to the last-minute review chapter, as well as other questions to be added to follow the new recommendations and guidelines in pediatrics. New pictures and better quality illustrations are also included. Pediatric residents and fellows preparing for the board examination, pediatricians, and pediatric subspecialists preparing for certification maintenance will find Pediatric Board Study Guide: A Last-Minute Review, 3rd edition, easy to use and comprehensive, making it the ideal resource and study tool.

pals study guide 2023: *ELSEVIER Emergency. Respiratorische Notfälle. 2/2023* Hans-Martin Grusnick, Jürgen Gollwitzer, Matthias Klausmeier, Claudia Schwarz, 2023-05-17 Das Heft 2/2023 "Respiratorische Notfälle" befasst sich mit verschiedenen Beatmungsformen und -situationen. Neben dem Leitthema sind zahlreiche weitere Fachartikel zu verschiedenen Rubriken enthalten. ELSEVIER EMERGENCY ist das praxis- und branchenorientierte Fachmagazin für Macher und Entscheider in allen Tätigkeitsfeldern des Rettungsdienstes und der Notfallmedizin. Es richtet sich sowohl an Notfallsanitäter und Notärzte, wie auch an engagierte Rettungssanitäter und Rettungshelfer in der präklinischen Versorgung. Im Mittelpunkt der Heftinhalte steht Wissen von hoher Relevanz für die tägliche Arbeit im Rettungsdienst. Alle Fachartikel sind leitlinienkonform und studienbasiert verfasst; ein weiterer Fokus sind Berichte über Forschungsergebnisse im Bereich der Notfallmedizin unter Aufführung der entsprechenden Referenzliteratur. Ergänzt werden die Fachartikel durch Interviews, Porträts und Reportagen in denen spannende und wichtige Facetten der Branche beleuchtet, Menschen, Teams, Firmen und Phänomene vorgestellt, die die Redaktion für besonders interessant hält.

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evidence-informed education, forming connections across the 'divided field' and championing a more collaborative and eclectic approach. For education students, teachers, and school leaders, this book is an accessible and invaluable guide to the methods, problems, and key findings from several interconnected areas of education research. For researchers, this book offers an extended critical commentary and methodological critique of several related research communities and their current and potential contribution to educational improvement. The authors invite and equip readers to take their own stance on current and perennial debates about the role of research and evidence in improving education. Thomas Perry is an Associate Professor at the University of Warwick. He is a former schoolteacher who now teaches about education research methods and advises and supervises researchers at all levels, including leading the Education Doctorate (EdD) programme at Warwick. His research and teaching are focused on research methodology and the role of research and evidence in improving education policy and practice. Rebecca Morris is an Associate Professor at the University of Warwick. She is a former secondary English teacher and has previously worked at Durham University and University of Birmingham. Rebecca's research interests include education policy, teacher education and the teacher workforce, English and literacy, and widening participation. She is an editorial board member for the British Educational Research Journal and Educational Review.

pals study guide 2023: Pediatric Nursing Exam Prep Study Guide Springer Publishing Company, 2023-03-15 Pediatric Nursing Exam Prep Study Guide gets right to the point with a targeted content based on the latest PNCB and ANCC exam blueprints. This easy-to-follow guide includes all the tools you need to prepare, practice, and pass the exam—and nothing you don't. PREPARE Concise coverage of the content you'll be tested on. Quick-reference features with complications, alerts, and nursing pearls. Need-to-know information to prepare you for exam day. PRACTICE Two full-length practice tests—one in book and one online—to assess your readiness and simulate the test-taking experience. Detailed rationales for correct and incorrect answers. Pop quizzes that highlight key information you don't want to miss. PASS The first time with Springer Publishing Exam Prep's 100% Pass Guarantee. With confidence, knowing you're well-prepared with all the skills and knowledge you need on exam day and in practice. With pride in your commitment to patient health and safety. CPN is a registered service mark of Pediatric Nursing Certification Board (PNCB®). PNCB® does not sponsor or endorse this resource, nor does it have a proprietary relationship with Springer Publishing. PED-BC™ is a registered trademark of American Nurses Credentialing Center (ANCC). ANCC does not sponsor or endorse this resource, nor does it have a proprietary relationship with Springer Publishing.

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Thoroughly updated throughout, this sixth edition includes new coverage of current debates and hot topics in the field, such as concerns about essentialism in religion, the importance of categorization, and the role of psychology in religious experience. This textbook is fundamental reading for students approaching this subject area for the first time.

pals study guide 2023: Facilitator Guide for Unfolding Health Assessment Case Studies for the Student Nurse, Second Edition Kristi Maynard, Andrea Adimando, 2024-04-15 Authors Kristi Maynard and Andrea Adimando created Unfolding Health Assessment Case Studies for the Student Nurse for pre-licensure students who needs to review what they've learned earlier and practicing nurses who can apply these concepts to more complex scenarios. This Facilitator Guide for the second edition of Unfolding Health Assessment Case Studies for the Student Nurse is designed to become an indispensable tool for health assessment course planning. It provides a snapshot of the contents of each chapter along with recommendations for when each chapter might be most useful in curriculum. To further enhance student learning and aid in the development of an immersive lesson plan, discussion prompts and activities for each chapter are provided to enrich the classroom experience.

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challenges plaguing scholars in the field. Consolidating decades of research and expertise into a single accessible volume, it provides scholars with the tools they need to navigate the complexities of agricultural teacher education with confidence and clarity.

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pals study guide 2023: Handbook of Social and Emotional Learning Joseph A. Durlak, Celene E. Domitrovich, Joseph L. Mahoney, 2024-12-19 The definitive work on social and emotional learning (SEL) research and practice is now in an extensively revised second edition, featuring all-new and thoroughly updated chapters. The world's leading SEL scholars describe state-of-the-art interventions that build students' competencies for managing emotions, showing empathy for others, forming supportive relationships, and making responsible decisions. The scientific underpinnings of SEL are explored and its impact on academic achievement and behavior is examined. The Handbook discusses ways to assess SEL and design effective, developmentally and culturally informed programs for students in preschool through secondary school settings and beyond. New to This Edition *Reflects a decade of significant advances in research, policy, and implementation. *New and expanded topics--equity, culturally responsive practice, multi-tiered systems of support, adult SEL, technology tools and applications, mental health, scaling up successful interventions, and more. *Six chapters on international SEL efforts, discussing both developed and developing countries. *Every chapter concludes with Key Takeaway Points.

pals study guide 2023: Combatting Cyber Terrorism - A guide to understanding the cyber threat landscape and incident Richard Bingley, 2024-05-09 Combatting Cyber Terrorism - A guide to understanding the cyber threat landscape and incident response planning In his second book with IT Governance Publishing, Richard Bingley's Combatting Cyber Terrorism - A guide to understanding the cyber threat landscape and incident response planning analyses the evolution of cyber terrorism and what organisations can do to mitigate this threat. This book discusses: Definitions of cyber terrorism; Ideologies and idealisations that can lead to cyber terrorism; How threat actors use computer systems to diversify, complicate and increase terrorist attack impacts; The role of Big Tech and social media organisations such as X (formerly Twitter) and Instagram within the cyber threat landscape; and How organisations can prepare for acts of cyber terrorism via

security planning and incident response strategies such as ISO 31000, ISO 27001 and the NIST Cybersecurity Framework. Increasingly, cyber security practitioners are confronted with a stark phrase: cyber terrorism. For many, it conveys fear and hopelessness. What is this thing called 'cyber terrorism' and what can we begin to do about it? Malicious-minded ICT users, programmers and even programs (including much AI-powered software) have all been instrumental in recruiting, inspiring, training, executing and amplifying acts of terrorism. This has resulted in the loss of life and/or life-changing physical injuries that could never have occurred without support and facilitation from the cyber sphere. These types of attacks can be encapsulated by the phrase 'cyber terrorism'. The Internet is an integral part of everyday life for the vast majority of organisations and people. Web access has become viewed as an essential human right, and a prerequisite of citizenship and societal belonging. Despite well-meaning interventions by a range of influential stakeholders (tech companies, governments, police and academia), our computer networks remain riddled with cyber threats. Accessing terrorism content does not require much in the way of research skills, technical ability or patience. This book recounts case studies to show the types of threats we face and provides a comprehensive coverage of risk management tactics and strategies to protect yourself against such nefarious threat actors. These include key mitigation and controls for information security or security and HR-related professionals.

pals study guide 2023: ELSEVIER Emergency. Gynäkologische Notfälle. 3/2025: Fachmagazin für Rettungsdienst und Notfallmedizin Frank Flake, Jürgen Gollwitzer, Hans-Martin Grusnick, Matthias Klausmeier, Claudia Schwarz, 2025-06-11 Das Heft 3/2025 Gynäkologische Notfälle enthält u.a. folgende Artikel: - Hypertensive Erkrankungen in der Schwangerschaft - Uterusatonie - Plazenta praevia/ vorzeitige Plazentaablösung Neben dem Leitthema sind zahlreiche weitere Fachartikel zu verschiedenen Rubriken enthalten. ELSEVIER Emergency ist das praxis- und branchenorientierte Fachmagazin für Rettungsdienst-Personal in allen Tätigkeitsfeldern des Rettungsdienstes und der Notfallmedizin. Es richtet sich sowohl an Notfallsanitäter und Notfallsanitäterinnen und Notärzte und Notärztinnen, wie auch an engagierte Rettungssanitäter und Rettungssanitäterinnen in der präklinischen Versorgung. Im Mittelpunkt der Heftinhalte steht Wissen von hoher Relevanz für die tägliche Arbeit im Rettungsdienst. Alle Fachartikel sind leitlinienkonform und studienbasiert verfasst; ein weiterer Fokus sind Berichte über Forschungsergebnisse im Bereich der Notfallmedizin unter Aufführung der entsprechenden Referenzliteratur. Ergänzt werden die Fachartikel durch Interviews, Porträts und Reportagen in denen spannende und wichtige Facetten der Branche beleuchtet, Menschen, Teams, Firmen und Phänomene vorgestellt, die die Redaktion für besonders interessant hält. - Praxis- und branchenorientierte Fachmagazin in Rettungsdienst und Notfallmedizin - Aktuelles Wissen von hoher Relevanz für die tägliche Arbeit im Rettungsdienst

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stetig wachsendem Kostendruck und sich immer mehr verkürzenden Therapiezeiten existierte bisher noch kein strukturiertes und manualisiertes psychodynamisches Kurzzeittherapieverfahren in Deutschland. Das ändert sich nun mit der Brief Dynamic Interpersonal Therapy (kurz: DIT), welches am Anna Freud Centre in London entwickelt wurde und in Großbritannien flächendeckend eingesetzt wird. Das Buch ist ein benutzerfreundliches und praktisch orientiertes Manual. Es informiert über den theoretischen Hintergrund der Methode und die Strategien in der Anwendung und illustriert an Fallbeispielen die Methode und die spezifische Anwendung. Dank Sylke Andreas, der Herausgeberin der deutschen Ausgabe, liegt uns nun ein Standardwerk sowohl für die Ausbildung und Zertifizierungskurse als auch für den therapeutischen Alltag im deutschsprachigen Raum vor.

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