

how to make brownies from scratch

How to Make Brownies from Scratch: A Delicious Homemade Treat

How to make brownies from scratch is a question that many home bakers ask when craving that perfect, fudgy, and chocolaty dessert. There's something truly special about baking brownies yourself—it's not only rewarding but also allows you to customize the texture, sweetness, and flavor exactly to your liking. Whether you prefer cakey or gooey brownies, mastering the basics of making brownies from scratch opens up a world of delicious possibilities.

In this guide, we'll walk through the essential ingredients, techniques, and tips that will help you bake mouthwatering brownies right in your own kitchen. Along the way, we'll touch on common brownie baking questions and sprinkle in some expert advice to elevate your homemade brownies to bakery-quality.

Gathering the Ingredients for Perfect Brownies

Before diving into the mixing and baking, it's important to understand what ingredients make brownies special. Traditional brownies typically include cocoa powder or melted chocolate, sugar, butter, eggs, flour, and a pinch of salt. Each component plays a vital role in determining the final texture and flavor.

Choosing Your Chocolate Base

Chocolate is the star of the show when it comes to brownies. You can use unsweetened cocoa powder for a lighter, more chocolatey taste or opt for melted bittersweet or semisweet chocolate for richer, fudgier brownies. Many bakers blend both cocoa powder and melted chocolate to achieve a balanced flavor and moist crumb.

If you aim for that classic deep chocolate taste, quality cocoa powder is essential. Dutch-processed cocoa powder is less acidic and has a smoother flavor, which works well in brownies. On the other hand, natural cocoa powder offers a more intense and slightly tangy profile.

Butter and Sugar: The Backbone of Brownie Texture

Butter adds richness and moisture to brownies. Using melted butter instead of softened butter helps create denser, fudgier brownies. For a cakier texture, some recipes call for creaming softened butter with sugar.

Sugar not only sweetens the batter but also contributes to the chewy texture through caramelization during baking. Granulated white sugar is standard, but some recipes incorporate brown sugar for added moisture and a subtle caramel undertone.

Eggs and Flour: Binding and Structure

Eggs provide structure and richness, while flour contributes to the overall crumb. The balance between eggs and flour influences whether your brownies turn out cakey or fudgy. For fudgier brownies, you might use more eggs and less flour; for cakey brownies, slightly more flour and fewer eggs help create a lighter texture.

All-purpose flour is commonly used, but some bakers experiment with cake flour for a softer crumb. Be careful not to overmix once flour is added, as that can develop gluten and lead to tougher brownies.

Step-by-Step Guide: How to Make Brownies from Scratch

Let's break down the process into manageable steps so you can confidently bake brownies from scratch.

Step 1: Prepare Your Baking Pan

Start by greasing an 8x8 or 9x9 inch baking pan with butter or nonstick spray. For easier removal, line the pan with parchment paper, leaving an overhang on the sides. This will help you lift the brownies out cleanly after baking.

Step 2: Melt Butter and Chocolate (if using)

If your recipe calls for melted chocolate, gently melt the butter and chocolate together in a heatproof bowl over simmering water or in short bursts in the microwave. Stir until smooth and set aside to cool slightly.

Step 3: Mix Wet Ingredients

In a large bowl, whisk the eggs and sugar until well combined. This step is crucial for incorporating air, which helps create a tender crumb. Slowly add the melted butter and chocolate mixture, stirring constantly.

Step 4: Incorporate Dry Ingredients

Sift together the flour, cocoa powder (if using), salt, and any other dry additions like baking powder or espresso powder. Gradually fold the dry ingredients into the wet mixture, being careful not to overmix. A few streaks of flour are better than overworked batter.

Step 5: Add Optional Mix-ins

This is the stage to fold in chocolate chips, chopped nuts, or even swirls of peanut butter or caramel if you want to customize your brownies. These additions can enhance texture and flavor, making your homemade brownies truly unique.

Step 6: Bake and Test

Pour the batter into your prepared pan and spread evenly. Bake in a preheated oven (typically 325°F to 350°F) for 20 to 30 minutes. Since ovens vary, check your brownies at the 20-minute mark. Insert a toothpick in the center—it should come out with a few moist crumbs but no wet batter for perfect fudginess.

Tips and Tricks for Brownie Baking Success

Even experienced bakers encounter hiccups when making brownies. These helpful insights will improve your chances of baking brownies that everyone will rave about.

Use Room Temperature Ingredients

Let your eggs and butter come to room temperature before mixing. This helps ingredients combine more smoothly, leading to more consistent batter texture.

Don't Overbake Your Brownies

One of the most common mistakes is overbaking, which results in dry, crumbly brownies. Keep a close eye on the baking time and test frequently near the end to catch that perfect fudgy consistency.

Experiment with Flavor Enhancers

Adding a teaspoon of espresso powder intensifies the chocolate flavor without making your brownies taste like coffee. A pinch of cinnamon or a splash of vanilla extract can also add subtle depth to your brownie batter.

Adjust Texture by Tweaking Ingredients

- For cakey brownies: Increase flour slightly, reduce butter, and consider adding a small amount of baking powder.
- For fudgy brownies: Use more butter and eggs, less flour, and incorporate melted chocolate.
- For chewy brownies: Use a mix of white and brown sugar and avoid overbaking.

Creative Variations on Classic Brownies

Once you master the basics of how to make brownies from scratch, it's fun to explore creative twists to keep your baking exciting.

Blondies: The Buttery Brownie Cousin

Replace cocoa powder with extra vanilla and brown sugar to create blonde brownies, also known as blondies. These are rich, buttery, and perfect for those who want a break from chocolate.

Frosted or Glazed Brownies

Top your brownies with a simple chocolate ganache, cream cheese frosting, or even a dusting of powdered sugar for a polished presentation.

Stuffed Brownies

Try layering your batter with chunks of caramel, peanut butter cups, or marshmallows in the center. This adds gooey surprises that delight every bite.

Healthier Brownie Options

For a guilt-free treat, substitute some flour with almond flour or add pureed avocado or black beans for moisture and nutrients without compromising flavor.

Baking brownies from scratch doesn't have to be intimidating. With a clear understanding of the ingredients and techniques, you can tailor your brownies to your personal preference, impress family and friends, and enjoy the satisfaction of homemade indulgence. The next time you crave chocolatey goodness, skip the store-bought mix and embrace the simple joy of making brownies from scratch.

Frequently Asked Questions

What are the basic ingredients needed to make brownies from scratch?

The basic ingredients for brownies include unsweetened cocoa powder, all-purpose flour, sugar, eggs, butter, vanilla extract, and a pinch of salt.

How do I make fudgy brownies instead of cakey ones?

To make fudgy brownies, use more butter and chocolate, less flour, and fewer eggs. Avoid overmixing the batter and bake for a shorter time to keep them moist and dense.

Can I use baking powder or baking soda in brownies?

Most traditional brownie recipes do not require baking powder or baking soda because brownies are meant to be dense and chewy rather than light and fluffy.

What is the best way to melt chocolate or butter for brownies?

Melt chocolate or butter using a double boiler or in short bursts in the microwave, stirring frequently to avoid burning.

How long should I bake brownies from scratch?

Bake brownies at 350°F (175°C) for about 20-30 minutes. Start checking at 20 minutes by inserting a toothpick; it should come out with a few moist crumbs for fudgy brownies.

Can I add nuts or chocolate chips to homemade brownies?

Yes, adding chopped nuts or chocolate chips is a popular way to enhance texture and flavor. Fold them into the batter just before baking.

How do I know when brownies are perfectly baked?

Brownies are done when the edges start to pull away from the pan and a toothpick inserted in the center comes out with moist crumbs but not wet batter.

Is it necessary to grease the pan when baking brownies?

Yes, greasing the pan or lining it with parchment paper helps prevent the brownies from sticking and makes removal easier.

Can I make brownies from scratch without cocoa powder?

Yes, you can use melted chocolate instead of cocoa powder. Adjust the fat and sugar content accordingly to maintain the right texture and sweetness.

Additional Resources

How to Make Brownies from Scratch: A Detailed Exploration

how to make brownies from scratch is a culinary question that continues to intrigue both novice bakers and seasoned professionals alike. The allure of brownies lies not only in their rich, fudgy texture or their perfectly crisp edges but also in the satisfaction that comes from crafting this classic dessert entirely from fundamental ingredients. This article delves into the process of making brownies from the ground up, unpacking the essential components, techniques, and subtle variations that influence the final product's taste and texture.

Understanding the Basics: What Constitutes a Brownie?

Before embarking on how to make brownies from scratch, it's important to define what a brownie truly is. Traditionally, brownies are a chocolate-based baked good characterized by a dense, moist interior and a slightly firm crust. Unlike cakes, brownies generally contain less flour and more fat, contributing to their signature fudginess. There are multiple brownie

styles—fudgy, cakey, and chewy—all differentiated by ingredient ratios and preparation methods.

Key Ingredients and Their Roles

The foundation of any brownie recipe includes a handful of core ingredients: chocolate or cocoa powder, butter, sugar, eggs, flour, and sometimes vanilla extract or salt. Each plays a distinct role in the chemistry of the bake:

- **Chocolate or Cocoa Powder:** The primary flavor driver, the choice between melted chocolate and cocoa powder often determines the richness and texture. Melted chocolate lends a more decadent, moist result, while cocoa powder can produce a lighter, cakier brownie.
- **Butter:** Adds moisture and richness; it also influences texture. Using melted butter integrates more uniformly into the batter, resulting in denser brownies.
- **Sugar:** Sweetens and contributes to the development of a thin, crackly crust on top. The amount and type of sugar (granulated vs. brown) can subtly affect chewiness and flavor depth.
- **Eggs:** Provide structure and moisture. They act as emulsifiers, binding fats and dry ingredients together.
- **Flour:** The structural backbone. The amount and type of flour used can shift brownies from fudgy to cakey.

Step-by-Step Guide on How to Make Brownies from Scratch

Mastering how to make brownies from scratch requires attention to detail and an understanding of how each step impacts the final texture and flavor.

1. Preparing the Ingredients

Start by measuring all ingredients precisely. Baking is a science, and even small deviations can change the outcome. For optimal results, use room-temperature eggs and unsalted butter. If using chocolate, opt for high-quality bittersweet or semisweet varieties to enhance depth.

2. Melting Butter and Chocolate

One common method involves melting butter and chocolate together over a double boiler or in short bursts in the microwave. This process must be carefully monitored to avoid scorching, which can introduce bitterness. Stirring constantly ensures a smooth mixture, which is critical for an even batter.

3. Mixing Sugar and Eggs

After the butter-chocolate mixture cools slightly, sugar is gradually added followed by eggs. Beating the eggs with sugar until slightly thickened helps incorporate air, contributing to the desired texture. Overmixing at this stage, however, can lead to tough brownies due to excessive gluten development.

4. Incorporating Dry Ingredients

Flour, cocoa powder (if not using melted chocolate exclusively), and salt are sifted together before gently folding into the wet mixture. This step must be done cautiously to prevent overmixing, which can result in cakey brownies when a fudgy texture is desired.

5. Baking and Timing

The batter is poured into a prepared pan, commonly an 8x8 or 9x9-inch square, and baked at approximately 325°F to 350°F (160°C to 175°C). Oven variations and pan size affect baking time, which typically ranges from 20 to 30 minutes. Testing doneness with a toothpick can be tricky; it should come out with moist crumbs, not completely clean, to preserve fudginess.

Variations and Enhancements in Brownie Recipes

Exploring how to make brownies from scratch also means embracing the diversity of recipes that cater to different preferences.

Fudgy vs. Cakey Brownies

The ratio of fat to flour largely dictates whether brownies lean towards fudgy or cakey. Fudgy brownies contain higher fat content and less flour,

while cakey ones require more flour and often baking powder as a leavening agent. Adjusting sugar type and quantity also influences chewiness and crust formation.

Incorporating Add-ins

Many bakers enrich their brownies by adding nuts (walnuts, pecans), chocolate chips, or swirls of caramel and peanut butter. These additions affect texture and flavor complexity, making the brownies more interesting but potentially altering baking time and moisture content.

Gluten-Free and Vegan Adaptations

For dietary restrictions, brownies can be made gluten-free by substituting all-purpose flour with almond flour or gluten-free blends. Vegan brownies replace eggs with flaxseed or chia seed gels and use plant-based butter alternatives. These substitutions require experimentation to maintain the desired balance between density and moisture.

Comparing Homemade Brownies to Store-Bought Alternatives

Understanding how to make brownies from scratch also encourages comparison with commercial options. Store-bought brownies offer convenience but often contain preservatives, artificial flavors, and lower-quality ingredients. Homemade brownies, on the other hand, provide control over ingredient quality and customization, resulting in superior taste and freshness.

However, homemade brownies demand time, precision, and sometimes multiple trials to perfect. For those valuing culinary craftsmanship and natural ingredients, the investment is worthwhile. Conversely, for quick fixes, pre-made mixes or bakery purchases may suffice.

Pros and Cons of Making Brownies from Scratch

- **Pros:** Complete ingredient control, freshness, customizable flavors, no preservatives, and the rewarding experience of baking.
- **Cons:** Time-consuming, requires careful measurement and technique, potential for inconsistent results without experience.

Optimizing Your Brownie-Making Process

To consistently produce high-quality brownies, consider the following professional tips:

- **Use Quality Ingredients:** Premium chocolate and fresh butter significantly elevate flavor profiles.
- **Calibrate Your Oven:** Accurate temperature ensures proper baking without drying out the brownies.
- **Experiment with Texture:** Adjust fat, flour, and sugar ratios based on preferences for cakey or fudgy brownies.
- **Mind the Mixing:** Avoid overmixing once flour is added to prevent toughness.
- **Allow Cooling:** Brownies continue to set as they cool; cutting too early can lead to crumbly edges.

The art and science of how to make brownies from scratch reflect much more than a simple recipe. It is a balance of ingredient chemistry, technique, and personal preference. With practice, bakers unlock the potential to craft brownies that not only satisfy sweet cravings but also showcase culinary skill and creativity.

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how to make brownies from scratch: The Brownie Cookbook Gordon Rock, 2020-05-13 If you love the taste of brownies, then this is the perfect cookbook for you. Inside of this book you will learn how to make chocolate brownies from scratch within the comfort of your own home. With the help of over 25 brownie recipes, you will learn how to make different brownie dishes to serve up as desserts ranging from white chocolate brownies to tiny muffin brownies. So, what are you waiting for? Grab a copy of this cookbook and start baking brownies today!

how to make brownies from scratch: Crazy for Cookies, Brownies, and Bars Dorothy Kern, 2022-02-01 Master cookie basics, then expand your repertoire with over 85 crave-worthy yet easy-to-prepare recipes for both classic and inventive sweet treats, each with its own mouthwatering photo. Author Dorothy Kern is one of the most trusted and widely read baking bloggers on

Earth—and with good reason. Her tested-to-perfection recipes are simple to make, delectable, and full of creative new flavor ideas. In *Crazy for Cookies, Brownies, and Bars*, she shares her recipes and baking secrets so you, too, can make scrumptiously delicious cookies that everyone loves. Dorothy outlines the rules for successful cookie baking, provides an overview of key ingredients and tools, and offers expert tips on how to store baked things so they stay fresh for a long time. What's more, she guides you in taking your cookie skills in new directions, into the delectable world of brownies (lots of different kinds of brownies!), blondies, shortbreads, shortcakes, cookie cakes, and more. The recipes, warmed with Dorothy's personal stories and memories, include cookies that range from traditional favorites to all-new concepts: Seriously the Best Chocolate Chip Cookies Molasses Cookies Cookies 'n' Cream Red Velvet Cookies Nana's Drop Sugar Cookies Raspberry Almond Spirals Chocolate Peanut Butter Potato Chip Cookies Beyond the cookies, you'll love the recipes for: Brown Butter Pecan Blondies Peanut Butter Magic Bars Bacon and Caramel Brownies Salted Caramel Ginger Sandwiches Cookies 'n' Cream Mud Bars Birthday Cookie Cake ...among tons of other delicious crowd-pleasers. Your family and friends will be thrilled with the results—and so will you. It's the definitive book on cookies—and so much fun to use!

how to make brownies from scratch: *Kid-Friendly Cooking Made Simple: 50 Fun, Easy Recipes for Every Meal* Julian Soto, 2025-09-06 End the mealtime struggle with delicious recipes your kids will actually eat. This cookbook is your solution for making family meals simple, fun, and stress-free. *Kid-Friendly Cooking Made Simple* features 50 easy recipes designed for busy families. From quick breakfasts to satisfying dinners, every dish is created to be loved by children and adults alike. Say goodbye to picky eaters and hello to happy family dinners. This book helps you save time and reduce worry in the kitchen. You can finally make one meal that everyone at the table will enjoy. Inside this guide to easy family meals, you will find: 50 Fun and Easy Recipes: Discover go-to meals for breakfast, lunch, and dinner. Make everything from fluffy pancakes and creative sandwiches to simple pasta dishes and tasty chicken dinners. Uses Simple Ingredients: Every recipe calls for common, easy-to-find ingredients from your local grocery store, making shopping and preparation simple. Quick for Busy Weeknights: The straightforward instructions are perfect for parents with limited time. Get a delicious, kid-approved meal on the table without the fuss. Encourages Kids to Help: The simple steps are perfect for getting your children involved in the cooking process, which can make them more excited to eat. This cookbook is the perfect tool for any parent looking to bring peace and joy back to the dinner table. It is an excellent gift for families with young children. Get your copy today and make mealtime your family's favorite time of the day.

how to make brownies from scratch: *How Sweet It Is (Heart of Carolina Book #2)* Alice J. Wisler, 2009-05-01 Deena Livingston leaves behind a broken romance and her chef job in Atlanta to spend time at her grandfather's cabin in the mountains of North Carolina. But her grandfather has an odd request: he wants Deena to teach cooking classes to the ragtag group of middle-schoolers who attend the local afterschool program, The Center. Reluctantly, Deena agrees, but how is she supposed to convince these kids that cooking at home is better than eating at McDonalds? And after all she went through in Atlanta, why is she attracted to Zack, the social worker at The Center? Can a Dr. Seuss-quoting plumber, a curly-haired basketball player, and a group of middle-schoolers change Deena's outlook on life?

how to make brownies from scratch: *Just the Basics Cookbook* Christina Hitchcock, 2022-03-29 Build your culinary confidence with this essential book of cooking basics! Discover the key ingredients for success in the kitchen this ultimate guide on how to cook a range of hearty, tasty meals—even if you've never cooked anything before. An indispensable reference for new home chefs, this basic cookbook helps you create a well-stocked kitchen and get cooking with 40 staple recipes that are simple and easy to cook. Key cooking techniques—Learn how to cut, mix, and sauté with a rundown of the most important cooking skills, along with tips for reading recipes, preparing your workspace, and more. Flavor profiles—Assemble delicious dishes thanks to a detailed explanation of the five basic tastes and lessons in building balanced flavors and textures. 40 meals to get you started—Put your newfound knowledge to the test with everything from Creamy Risotto to Soy

Ginger Scallops. Sharpen your basic culinary skills and learn how to prepare tasty meals with the Just the Basics Cookbook.

how to make brownies from scratch: The "I Love Cookies" Recipe Book Jacquelyn Parkes, 2022-11-22 Celebrate your cookie obsession with these 100 mouthwatering recipes in The "I Love My Cookies" Recipe Book. Nothing beats freshly baked cookies warm from the oven. In The "I Love My Cookies" Recipe Book, you will find 100 delicious recipes that range from classic sugar cookies, chocolate chip cookies, oatmeal cookies, and snickerdoodles to new favorites like rainbow butter cookies, tiramisu brownies, red velvet white chocolate chip cookies, and cookies 'n' cream cookies. These recipes are sure to please everyone and are perfect for everyday baking, holidays, or cookie exchange parties. The detailed, easy-to-follow, step-by-step instructions make baking cookies easy and fun, no matter your baking level.

how to make brownies from scratch: Chickpea Flour Does It All Lindsey S. Love, 2016-04-08 Meet the New Must-Have-It Pantry Staple: Chickpea Flour Why make chickpea flour your new go-to? Because everyone—gluten-free or not—will find a reason to love it. This versatile alternative to wheat flour shines in savory and sweet dishes alike. It's been used for centuries around the world, and is famous in Nice, France, where the flatbread socca is enjoyed with a chilled glass of rosé. In this gorgeously photographed cookbook, Lindsey S. Love takes inspiration from her favorite seasonal ingredients, global flavors, and much-loved family recipes to create vibrant gluten-free, dairy-free, and vegetarian dishes where chickpea flour is the star. Gluten-free diners especially will be amazed by the variety—nothing's off the table anymore, and taste is never sacrificed. Plus, many recipes are vegan—taking advantage of chickpea flour as a base for vegan sauces and a soy-free alternative to tofu. Lindsey's inventive recipes meld sophisticated and subtle flavors—and beg to be shared with friends and family at any time of the year! Toast It, Sift It, Simmer It . . . Chickpea Flour Does It All: Thickens and flavors hearty dishes like Sunchoke and Leek Soup Gives any dish a protein boost, even Vanilla Bean Lavender Cupcakes Adds creamy texture to dairy-free dishes, such as Loaded Sweet Potatoes with Chickpea Sour Cream And brings back family favorites—now gluten-free—like pizza (Chickpea Pizza with Asparagus and Pea Shoot Tangle) and pancakes (Sautéed Pear and Sage Pancakes with Almonds)!

how to make brownies from scratch: Good Housekeeping The Best-Ever Cookie Book Good Housekeeping, 2021-09-21 It's the best cookie cookbook ever with baking recipes that satisfy every craving—from classics like chocolate chip to decadent delights like skillet cookie sundaes! "Sublime cookie recipes." - Publishers Weekly The Good Housekeeping Test Kitchen presents 175 outstanding, tested-'til-perfect cookie recipes, all carefully selected from more than 1,000 trials to find the best cookies for you! Whether you go right to the chocolate or are more of a buttery shortbread fan, there's something special for you in this exciting cookie baking cookbook. Includes: EASY BAKING FOR BEGINNERS: Go-to doughs and icings for sugar cookie decorating, plus holiday gift ideas DROP COOKIES & SLICE & BAKE COOKIES: Strawberry-Oatmeal Cookies, Glazed Sourdough Snickerdoodles, Matcha Cookies, Chocolate-Pistachio Slice & Bakes BARS, BLONDIES & BROWNIES: Millionaire Shortbread, Orange-Turmeric Squares, Brown Butter Hazelnut Blondies, Double-Stuffed Brownies SPECTACULAR COOKIE CREATIONS: Alfajores, Apple Pie Rugelah, Homemade Honey Graham Crackers, Cookie Shooters, Homemade Fudgy Ice Cream Sandwiches, and other wow-worthy entries in this exciting cookie recipes cookbook! HOLIDAY BAKING: Chinese Almond Cookies, Jammin' Heart Cookies, Hamantaschen, Nan-e Berenji, Fruitcake Crisps and more makes this the perfect holiday cookies cookbook and Christmas cookies cookbook Whether you're baking for a special occasion or just for a sweet treat, this baking recipe book, complete with stunning photographs and inventive variations, promises perfect results every time.

how to make brownies from scratch: The Art of Cooking Peter C. Brenner, 2024-01-04 "Ever since I was a toddler and learned how to crawl, I would enter the kitchen.... I would pull open drawers and search through the cabinets." - Peter C. Brenner. Not everyone finds their passion early in life. But as a child, Peter loved exploring new things, and one day he found his mother cooking a delicious meal in the kitchen. That's when he decided to become a world class Chef. So, what is it

like to be a Chef at a star-rated hotel? Certainly nothing less than a messy adventure! MESSY for real. As you read through the book, you will find Peter's dramatic life taking various turns as he tries to steer clear of turbulent times. However, life as a Chef is never easy and he is not able to set his feet on the ground for a long time. Once he does, life challenges him to let go of the comfort and instead pursue his lifelong idea of opening his own restaurant. That's some risky business! Will he be able to do it? Read through the pages as you find Peter breezing through his life as a successful chef and introducing some recipes that hardly anyone in America has ever heard of.

how to make brownies from scratch: Best Kind of Broken Chelsea Fine, 2014-03-04 By turns humorous and heartbreaking, *Best Kind of Broken* has become one of my favorites! -- Cora Carmack, New York Times bestselling author *SOMETIMES MOVING ON MEANS MOVING IN* Pixie Marshall wishes every day she could turn back time and fix the past. But she can't. And the damage is done. She's hoping that a summer of free room and board working with her aunt at the Willow Inn will help her forget. Except there's a problem: the resident handyman is none other than Levi Andrews. The handsome quarterback was once her friend-and maybe more-until everything changed in a life-shattering instant. She was hoping to avoid him, possibly forever. Now he's right down the hall and stirring up feelings Pixie thought she'd long buried . . . Levi can't believe he's living with the one person who holds all his painful memories. More than anything he wants to make things right, but a simple sorry won't suffice-not when the tragedy that scarred them was his fault. Levi knows Pixie's better off without him, but every part of him screams to touch her, protect her, wrap her in his arms, and kiss away the pain. Yet even though she's so close, Pixie's heart seems more unreachable than ever. Seeing those stunning green eyes again has made one thing perfectly clear-he can't live without her.

how to make brownies from scratch: The Complete Idiot's Guide to Low-Sodium Cooking, 2nd Edition Heidi McIndoo, M.S., R.D., L.D.N., Shelly James, 2011-12-06 • Features 50 delicious new recipes • Includes new meal plan feature that targets readers' daily sodium intake thresholds

how to make brownies from scratch: Mistletoe Bay Marcia Evanick, 2014-11-20 Nestled beside the coastal town of Misty Harbor, Maine, lies the picturesque village of Mistletoe Bay. There, overlooking the clear blue sea, is a charming old house that's the perfect place to gather for the holidays and give thanks for family, good friends, and bright new beginnings. . . When Cooper Armstrong left California to return to Maine, he also left a cheating ex and all his plans for settling down. Now Coop concentrates on taking care of his ailing father and learning his route as the area's new UPS man. It's not just Coop's parents who need assistance--Jenni Wright, whose blossoming new business has him making daily deliveries to her property, could clearly use some help. With three young sons, her mother-in-law, and a teenage niece all sharing a rickety house that seems to be held together with duct tape, Jenni has her hands full. To Jenni, Coop is their UPS guy, handyman, and her boys' guardian angel all in one gorgeous package. She's sure he'd run a mile before getting involved in the chaos of her life. But as Thanksgiving gives way to Christmas, the lovely, resilient Jenni turns Coop's expectations of a cold, lonely winter upside-down, revealing the promise of warmth, love, and a lifetime of happy memories. . . The magic of everyday pleasures permeates Evanick's contemporary romance. . . Evanick has a gift for finding the humor in small details, and her story of opposites who attract unfolds with endearing warmth.--Publishers Weekly on *Harbor Nights* Evanick's enchanting series never skimps on humanity, warmth, and romance.--Romantic Times on *Harbor Nights*

how to make brownies from scratch: The 10 Habits of Happy Mothers Meg Meeker, 2011-03-08 This sanity-saving guide "offers practical ways to help you let go of 'mom guilt' in order to become a happier, healthier woman" (Parent & Child). Now with wellness tips and exercises! The pressure on women today has pushed many American mothers to the breaking point. It feels as if "doing your best" is never enough to please everyone, and the demands mothers place on themselves are both impossible and unrealistic. Now Meg Meeker, M.D., critically acclaimed author of *Strong Fathers, Strong Daughters*, puts her twenty-five years' experience as a practicing pediatrician and counselor into a sound, sane approach to reshaping the frustrating, exhausting lives

of so many moms. Mothers are expected to do it all: raise superstar kids, look great, make good salaries, volunteer for everything, run errands, keep a perfect house, be the perfect wife. Single mothers often have even more demands—and less support. In this rallying cry for change, Dr. Meeker incorporates clinical data and her own experience raising four children to show why mothers suffer from the rising pressure to excel and the toll it takes on their emotional, physical, mental, and spiritual health. Too many mothers are increasingly lonely, anxious, depressed, and unhappy with themselves, refusing to let themselves off the hook. Here, Dr. Meeker has identified the 10 most positive habits of mothers who are healthy, happy, and fulfilled. The key is to embrace a new perspective and create real joy and purpose by utilizing such core habits as • making friends with those who know the meaning of friendship • finding out what money can buy (and what it cannot) • lightening the overload—and doing less more often • discovering faith and learning how to trust it • taking some alone time and reviving yourself Mothers, it's time to view the unconditional trust that you see in your children's eyes when they take your hand or find your face in a crowd as a mirror of your own wonder and worth. You are the light that shines in their lives, the beacon that guides them. By implementing the key strategies in Dr. Meeker's book, you can be happy, hopeful, and a wonderful role model. You can teach your children to be the very best they can be—and isn't that still the most precious reward of motherhood?

how to make brownies from scratch: Introduction to Brownie (folklore) Gilad James, PhD, Brownie is a household spirit in English and Scottish folklore who is believed to help with household chores if satisfied with food or small gifts. Brownies were first mentioned in Scottish folk tales during the 16th century as small creatures with brown hair and clothing who inhabited houses and performed helpful tasks, such as mending clothes or preparing meals. They were said to be very shy and rarely seen by humans, but their presence could be felt through the completion of tasks left unfinished by household members. Over time, the depiction of brownies in folklore evolved to include magical abilities and a mischievous nature. It was believed they could cause harm to humans if displeased, but they could also use their powers to bring good fortune. The superstition surrounding brownies has become less prominent in modern times, but the concept of small household spirits who provide assistance still persists in various cultures around the world.

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